



## ***Fight the Flame® CRPS Awareness Scholarship***

The Fight the Flame® CRPS Awareness Scholarship was established to encourage students to educate others about Complex Regional Pain Syndrome (CRPS). CRPS formally known as Reflex Sympathetic Dystrophy (RSD) is a chronic, degenerative, neurological pain disorder.

To the outside world, a person with CRPS looks "healthy." People with CRPS push through their pain to survive and succeed in their daily lives. It is difficult for someone battling with CRPS to hear from others who are not aware of the disease, that they look good, so they must not be sick. CRPS is an invisible disease, as are so many others; fibromyalgia, depression, Sjogren's, Interstitial Cystitis, Eating Disorders, etc.

Spreading awareness, supporting education and research about Complex Regional Pain Syndrome (CRPS), is the key to one day finding a cure for this dreadful pain disorder. As part of our advocacy efforts, we are offering one Fight the Flame® CRPS Awareness Scholarship of \$1,000 to a Providence High School Senior.

### **Eligibility:**

Must be a Charlotte-Mecklenburg high school senior with at least a 3.0 GPA, scheduled to graduate in the spring of the current school year.

Must be accepted and planning to pursue a four-year undergraduate degree from an accredited institution (copy of acceptance letter required)

### **Requirements:**

Applicants must:

1. submit a complete application
2. answer one essay question (500 words)
3. present a complete communication log sheet
4. provide a copy of college acceptance letter

**Application Deadline:** All items must be submitted together to the Scholarship Coordinator in the Guidance Office no later than **April 15, 2019**.

**Amount of Scholarship:** This one time award amount of \$1,000 is non-renewable. Formal notifications of the scholarship award will be made to the recipient no later than **June 5, 2019**.

*The Reflex Sympathetic Dystrophy Association (RSDSA) has been working hard to spread awareness and educate the community about Complex Regional Pain Syndrome and publishes a community update newsletter quarterly <http://rsds.org/wp-content/uploads/2015/02/2016-rsdsa-community-update-spring.pdf>*

**Scholarship applications can be found at [www.FightTheFlame.org](http://www.FightTheFlame.org)**



## **Scholarship Application**

First Name \_\_\_\_\_ Last \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_ Email Address \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### **Essay (500 words):**

*Complex Regional Pain Syndrome (CRPS) is the most painful disease known to modern medicine and yet most people have never heard of it. Many CRPS patients do not look visibly ill and are overlooked by the medical community. Anyone can develop CRPS at any point of their life.*

*How would you spread awareness about an invisible disease such as CRPS so that patients, families, and communities are able to find resources for support and treatment of CRPS?*

### **Spreading CRPS Awareness:**

Ask at least 10 people (over the age of 18) whether they have ever heard of Complex Regional Pain Syndrome?

- If they have, discover how they learned of it and what information they already know, then proceed to explain to them what you have learned through your research.
- If not, share the facts about the disease using the information you have researched.

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## ***Communication Log***

Applicants must teach at least 10 people (friends and family 18 years of age or older) about Complex Regional Pain Syndrome and update the Communication Log below.

Names and contact information will not be shared with any third parties. If you are a scholarship finalist, contact information maybe used to confirm that the names on the list were educated about CRPS.

	First and Last name	Did they ever hear of CRPS?	Discussion conducted by:	Phone number	Email address
1		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
2		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
3		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
4		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
5		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
6		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
7		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
8		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
9		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		
10		<input type="checkbox"/> Yes	<input type="checkbox"/> Phone		
		<input type="checkbox"/> No	<input type="checkbox"/> In Person		